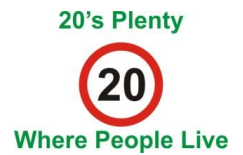


20mph Limits – How you can help!

Over 75% of people believe that 20mph is the right speed limit for residential streets. It is also recognised as “best practice” for places with pedestrians and cyclists such as town centres, shopping areas and where people work or go to school. There are many ways you can help get 20mph signs where you live.



20's Plenty for Us is the only voluntary organisation focussing on supporting communities who want 20mph speed limits on a wide-area basis. We advocate 20mph limits as a default across complete communities with exceptions where appropriate. When done on a consistent basis then speed bumps and other physical measures are only required in some streets and often not at all. Already 8m people live in local authorities which are committed to, or have already implemented such a policy.

Here are some ways that you can help :-

- **Speak to your friends** and acquaintances about lower speeds. How do they feel when they are walking or cycling? Do they also feel that when driving, they are so insulated from their surroundings that they fail to realise the threat that speed poses to people? Do they share the same concerns?
- Go to our website to see if any of the nearly **150 local 20's Plenty for Us campaigns** are close by. There is a map and list at http://www.20splentyforus.org.uk/local_campaigns.htm. Write to the local organiser to say you are concerned about speeds. If there is no local campaign where you live then please ask for help starting one. We are free to join and offer lots of assistance to make campaigning easy. With our help you can make a real difference to your streets.
- **20mph is the right** maximum speed for residential roads and places where people are. Why not take action yourself by driving slower in such areas? This helps to make your community a better place to be.
- **Local Councillors decide local speeds.** Please write or talk to your councillors about 20mph speeds. Ask your friends as well. A template is at http://www.20splentyforus.org.uk/posters_and_documents.htm. You can also purchase stickers supporting 20mph speeds for your car, bike or even wheelie bin or print off posters for your windows / notice boards.
- **Be empowered** by looking at our Briefing Sheets at <http://www.20splentyforus.org.uk/briefings.htm>. These cover a wide range of topics and frequent questions on 20mph limits.
- If you belong to a political party, suggest a **20mph limits policy for the manifesto**.
- **Write to your local newspaper** letters page about how 20mph limits would make your community safer, cleaner, healthier, quieter and more neighbourly.
- Join our newsgroup and network with over 200 others interested in lower vehicle speeds on their community streets.
- **Follow us on Twitter.** We regularly tweet on 20mph and road danger reduction. Follow @20splentyforus and our hashtag of #20splenty
- **Make a donation.** 20's Plenty for Us is a voluntary organisation with no central government funding. This keeps our independence and enables us to be a true campaigning organisation making a real change in the way we share our roads. Donate by debit/credit card or PayPal from our site or contact us to make a one-off or regular donation.

Recently a Director of Public Health said:-

“The evidence based way of working, the professionalism of its officers and the unparalleled networking and insight into implementation issues all contribute to 20's Plenty's high reputation. It is an invaluable repository of evidence, experience and advice for public health in England. 20's Plenty's expert advocacy of 20mph towns and cities in the UK is making a real difference to the life chances of some of the most vulnerable children in the UK. These differences are real and measurable and will be seen as a major public health advance over the next decade.”

We would be delighted if you can help us to help you to make your community a “better place to be”.

Many thanks – Rod King

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**20's Plenty For Us campaigns for a
20mph default speed limit in residential
streets without physical calming.
www.20splentyforus.org.uk
To find out more then please contact us**

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